


THE FISH INN

GLUTEN FREE DINNER MENU

 /fishinringwood

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 The Bridges, Ringwood, Hampshire, BH24 2AA

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STARTERS AND SHARERS

- Halloumi fries with harissa yogurt - v £5.95
- Sautéed oyster mushrooms with shallots, garlic and parsley butter on toasted bread - v £6.25
- Spicy Catalan mussels in a chorizo and tomato sauce with toasted bread - £8.95
- Smoked duck breast and orange salad served with roasted cashew nuts and fig relish- £7.95
- Smoked salmon terrine with beetroot chutney and toasted bread - £7.25

- Homemade soup of the day with toasted bread - v £5.75
- Baked Camembert infused with honey and rosemary served with toasted bread and roast garlic jam - v £12.50
- Cheese ploughman's with Cheddar, Stilton and Brie, tomato, pickled onion and apple with toasted bread - v £12.50
Add home-cooked ham for £2.00

MAINS

- Roasted onion, garlic and parsley risotto with Bath soft cheese and crispy fennel - v £10.50
- Catch of the day in a Wadworth 6X Gold beer batter served with mushy peas, chips and tartare sauce - £13.50 / £8.50
- Slow braised lamb shank in a rosemary and redcurrant jus served with celeriac mash and winter greens - £17.25
- Pan-fried lambs liver with crispy bacon in a rich onion gravy served with seasonal greens and creamy mashed potatoes - £12.95

- Battered chilli and garlic halloumi with pea purée, harissa mayo and skinny fries - v £10.95
- Walter Rose 6oz beef burger with melted double Gloucester cheese, bacon, iceberg lettuce, beef tomato and sweet mustard ketchup all on a toasted bun with crispy dill pickle and fries - £12.75
- Baked cod loin and sea scallop on a chorizo, lemon and pea risotto - £15.95
- Chargrilled swordfish in lemon and caper butter served with buttered new potatoes and creamed spinach - £15.50

SIDES

- Cauliflower cheese - v £4.50
- Rocket, vegan cheese and sun-blushed tomato salad - v £5.00
- Skinny fries - v £3.25
- Cheesy garlic bread - v £4.75
- Wadworth 6X Gold battered onion rings - v £3.50
- House salad- v £3.50
- Garlic bread - v £3.75
- Cheesy chips - v £4.25
- Chips - v £3.25

DESSERTS

- All puddings at £6.25
- Cinnamon banana fritter with a butterscotch sauce and vanilla ice-cream - v
- Chocolate and coconut tart with vanilla ice-cream - vg

Selection of British cheeses with oatcakes, apple, grapes, celery and fig relish - v £8.75

HOT DRINKS

- Americano - £2.75
- Flat white - £3.00
- Cappuccino - £3.00
- Latte - £3.00
- Espresso - £2.50
- Double espresso - £3.00
- Mocha - £3.25
- Hot chocolate - £3.25
- Pot of tea - £2.75
- Speciality tea - £2.90

IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE LET US KNOW BEFORE ORDERING AND ASK FOR OUR ALLERGY MATRIX. Although we take all reasonable precautions to prevent cross contamination of allergens, this is not always possible as we handle and prepare a variety of open foods that contain allergens. **Our menu descriptions do not include all ingredients.** (v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association.

